

| Plaats | Naam | Voornaam | Geb | Geslacht | Borstnr. | Woonplaats | Tijd |
|--------|---------------|-----------|------------|----------|----------|-----------------|--------|
| 1 | ROEGIERS | JENS | 4/03/1988 | M | 9284 | TONGEREN | 16m51s |
| 2 | PUTZEYS | PIET | 23/02/1991 | M | 9047 | GINGELOM | 17m12s |
| 3 | VANBRABANT | KEVIN | 28/06/1979 | M | 9406 | SINT-TRUIDEN | 17m32s |
| 4 | VERACHTERT | HERMAN | 7/08/1969 | M | 9362 | ZONHOVEN | 17m40s |
| 5 | LE DUCK | DONALD | 25/06/1977 | M | 9379 | HOEGAARDEN | 17m45s |
| 6 | NYS | PATRICK | 22/01/1959 | M | 9346 | TONGEREN | 17m47s |
| 7 | BERDEN | FLORIAN | 20/10/1992 | M | 9005 | NIEUWERKERKEN | 18m22s |
| 8 | PARTOENS | TOM | 26/09/1974 | M | 9309 | BILZEN | 18m50s |
| 9 | BAETS | TOM | 16/07/1978 | M | 9002 | HALEN | 18m53s |
| 10 | ENGELBOSCH | ROGIER | 13/05/1993 | M | 9023 | SINT-TRUIDEN | 18m55s |
| 11 | RUYTINX | PIETER | 5/04/1991 | M | 9052 | SINT-TRUIDEN | 18m56s |
| 12 | VANHENTENRIJK | JORDY | 30/07/1993 | M | 9075 | SINT-TRUIDEN | 19m01s |
| 13 | VANMECHELEN | THOMAS | 20/04/1991 | M | 9078 | | 19m16s |
| 14 | CLAES | JONAS | 31/12/1989 | M | 9303 | SINT-TRUIDEN | 19m18s |
| 15 | LELEU | LINO | 27/06/1993 | M | 9269 | GINGELOM | 19m28s |
| 16 | VAN MEEUWEN | DAVY | 18/07/1983 | M | 9248 | LAAKDAL | 19m33s |
| 17 | RADDOUX | DIEDERIK | 4/02/1986 | M | 9364 | HOEGAARDEN | 19m55s |
| 18 | ROBBEN | TOM | 22/01/1995 | M | 9051 | NIEUWERKERKEN | 20m00s |
| 19 | BERWAERS | JEROEN | 28/03/1994 | M | 9006 | SINT-TRUIDEN | 20m10s |
| 20 | STORMS | BJARNE | 6/12/1995 | M | 9267 | TIENEN | 20m14s |
| 21 | LEUNEN | ROBIN | 8/01/1987 | M | 9397 | MAASMECHELEN | 20m20s |
| 22 | MARCHAL | BRENT | 22/03/1995 | M | 9380 | SINT-TRUIDEN | 20m32s |
| 23 | CLERX | FRANK | 8/06/1967 | M | 9299 | WELLEN | 20m43s |
| 24 | MEULEWAETER | CHARLES | 19/03/1996 | M | 9036 | SINT-TRUIDEN | 21m02s |
| 25 | WILLEMS | DAVID | 1/06/1970 | M | 9305 | DIEPENBEEK | 21m05s |
| 26 | PELGRIMS | NILS | 30/01/1991 | M | 9046 | BORSBEEK (ANTW. | 21m08s |
| 27 | CLAREBOTS | FRANK | 24/10/1969 | M | 9013 | LANDEN | 21m11s |
| 28 | ROBBEN | JENS | 7/09/1996 | M | 9049 | NIEUWERKERKEN | 21m12s |
| 29 | CAPPELLEN | JERRY | 16/08/1972 | M | 9281 | NIEUWERKERKE | 21m13s |
| 30 | MATHIJS | KOEN | 17/05/1984 | M | 9034 | SINT-TRUIDEN | 21m14s |
| 31 | MEEKERS | DAVID | 21/07/1966 | M | 9336 | WELLEN | 21m15s |
| 32 | BECKERS | DIEDERIK | 18/04/1993 | M | 9086 | SINT-TRUIDEN | 21m40s |
| 33 | HABETS | MARIO | 26/10/1972 | M | 9097 | HEIST-OP-DEN-BE | 21m44s |
| 34 | FEYTONS | JOHAN | 13/02/1971 | M | 9278 | BORGLOON | 21m49s |
| 35 | VANDERKERKEN | WOUT | 4/04/1992 | M | 9072 | | 21m57s |
| 36 | GREGOIRE | JARNE | 20/09/1997 | M | 9308 | BILZEN | 22m19s |
| 37 | BESSEMANS | CHRIS | 31/03/1985 | M | 9007 | SINT-TRUIDEN | 22m20s |
| 38 | THEUNIS | EDDY | 8/06/1948 | M | 9288 | KERMT (HASSELT | 22m21s |
| 39 | HANNANI | SAEID | 3/08/1967 | M | 9027 | | 22m25s |
| 40 | GREGOIRE | RUDI | 7/07/1964 | M | 9310 | BILZEN | 22m27s |
| 41 | WAGELMANS | JO | 8/08/1972 | M | 9083 | SINT-TRUIDEN | 22m29s |
| 42 | MELOTTE | SEBASTIEN | 27/02/1997 | M | 9028 | SINT-TRUIDEN | 22m30s |
| 43 | NAEYE | ARNOUT | 10/12/1993 | M | 9307 | DURAS | 22m31s |
| 44 | VANDEVOORT | PATRICK | 11/07/1967 | M | 9314 | SINT-TRUIDEN | 22m35s |
| 45 | AERTS | YVES | 24/11/1971 | M | 9099 | KURINGEN | 22m55s |
| 46 | CUYKX | DRIES | 10/07/1997 | M | 9019 | SINT-TRUIDEN | 23m01s |
| 47 | GRAUWELS | PAUL | 10/04/1959 | M | 9317 | SINT-TRUIDEN | 23m07s |
| 48 | BERTRAND | ALEXANDR | 18/06/1978 | M | 9292 | LANDEN | 23m08s |
| 49 | SNYERS | BERNARD | 16/08/1983 | M | 9087 | | 23m15s |
| 50 | ROBBEN | SIMON | 10/05/1999 | M | 9050 | NIEUWERKERKEN | 23m16s |
| 51 | SCHEVENELS | BRAM | 19/05/1992 | M | 9053 | | 23m24s |
| 52 | PACOLET | ALEXANDE | 24/05/1996 | M | 9040 | | 23m27s |

| Plaats | Naam | Voornaam | Geb | Geslacht | Borstnr. | Woonplaats | Tijd |
|--------|---------------|-----------|------------|----------|----------|-----------------|--------|
| 53 | SCHURMANS | DANIEL | 20/08/1963 | M | 9060 | ZOUTLEEUEW | 23m41s |
| 54 | LINDEKENS | KEVIN | 7/09/1994 | M | 9296 | SINT-TRUIDEN | 23m42s |
| 55 | PAUWELS | MICHIEL | 6/04/1999 | M | 9321 | ALKEN | 23m55s |
| 56 | PAUWELS | MARCEL | 20/05/1969 | M | 9318 | ALKEN | 23m56s |
| 57 | GILLIS | MICHEL | 26/08/1958 | M | 9282 | SINT-TRUIDEN | 24m03s |
| 58 | MAES | LOUIS | 22/11/1996 | M | 9345 | SINT-TRUIDEN | 24m11s |
| 59 | ADAMS | JORAN | 31/01/1996 | M | 9090 | NIEUWERKERKE | 24m12s |
| 60 | DEHAIRS | ARNO | 2/06/1999 | M | 9084 | | 24m21s |
| 61 | DEHAIRS | CHRISTOPH | 18/06/1971 | M | 9407 | SINT-TRUIDEN | 24m22s |
| 62 | ERHAJJOU | MOHAMED | 5/04/1997 | M | 9361 | SINT-TRUIDEN | 24m24s |
| 63 | SCHUERMANS | JOHAN | 3/12/1971 | M | 9059 | KESSEL-LO (LEUV | 24m25s |
| 64 | NOBEN | HENDRIK | 31/10/1998 | M | 9411 | SINT-TRUIDEN | 24m26s |
| 65 | MEEKERS | STEFAN | 29/08/1967 | M | 9323 | SINT-TRUIDEN | 24m27s |
| 66 | VANDERKERKEN | BART | 18/08/1964 | M | 9071 | | 24m28s |
| 67 | MAJJOUD | YOUNES | 13/04/1997 | M | 9283 | SINT-TRUIDEN | 24m48s |
| 68 | NAEBKLANG | THEERACH | 30/05/1995 | M | 9037 | HASSELT | 25m01s |
| 69 | SAVONET | DANNY | 19/09/1980 | M | 9311 | EVERGEM | 25m06s |
| 70 | PEETERS | GERRIT | 8/11/1971 | M | 9096 | SINT-TRUIDEN | 25m30s |
| 71 | LESUISSE | JARNE | 2/08/2000 | M | 9253 | SINT-TRUIDEN | 25m35s |
| 72 | BOVY | LENNY | 7/08/1999 | M | 9258 | WAREMME | 25m36s |
| 73 | LECLERE | CHRISTOPH | 20/09/1971 | M | 9088 | GORSEM | 25m40s |
| 74 | BOLLEN | NIELS | 12/01/1972 | M | 9255 | SINT-TRUIDEN | 25m54s |
| 75 | SCHURMANS | WILLY | 20/08/1963 | M | 9094 | ATTENHOVEN | 25m56s |
| 76 | LEUNG SHUN | FREDERIK | 7/05/1986 | M | 9249 | NIEUWERKERKE | 25m58s |
| 77 | BOVY | MATTHIAS | 21/05/1999 | M | 9252 | SINT-TRUIDEN | 26m01s |
| 78 | NOURI | KAREME | 5/07/1978 | M | 9038 | GENK | 26m13s |
| 79 | MARTIN | THOMAS | 29/11/1984 | M | 9271 | SINT-TRUIDEN | 26m21s |
| 80 | DEWIL | LUC | 4/07/1968 | M | 9089 | SINT-TRUIDEN | 26m22s |
| 81 | AERTS | JELLE | 5/10/1997 | M | 9098 | KURINGEN | 26m25s |
| 82 | HEX | LUCIEN | 10/04/1957 | M | 9277 | DURAS | 26m32s |
| 83 | ADRIAENSEN | TIM | 26/05/1979 | M | 9000 | SINT-TRUIDEN | 26m34s |
| 84 | VAN NOTEN | DIRK | 27/09/1965 | M | 9067 | SINT-TRUIDEN | 26m40s |
| 85 | BRIERS | NICK | 27/12/1994 | M | 9010 | | 26m44s |
| 86 | PACOLET | WIM | 25/02/1964 | M | 9042 | GLABBEEK-ZUURB | 27m06s |
| 87 | SPIESSENS | YENTL | 21/01/1999 | M | 9260 | LIER | 27m14s |
| 88 | OLYSLAEGERS | JURGEN | 2/08/1977 | M | 9259 | LIER | 27m16s |
| 89 | VAN HEMELRYCK | KAREL | 23/07/1994 | M | 9276 | SINT-TRUIDEN | 27m46s |
| 90 | JADOUL | PIERRE | 4/10/1996 | M | 9030 | | 27m57s |
| 91 | ONBEKEND | | 1/01/1901 | M | 9200 | | 28m02s |
| 92 | MARCHAL | BART | 10/06/1967 | M | 9381 | SINT-TRUIDEN | 28m28s |
| 93 | PEETERS | KOEN | 8/02/1970 | M | 9044 | SINT-TRUIDEN | 28m34s |
| 94 | MEEKERS | GIJS | 6/08/1995 | M | 9339 | WELLEN | 28m58s |
| 95 | VANDENSTEEN | JOS | 23/08/1969 | M | 9354 | HEERS | 29m09s |
| 96 | LINDEKENS | MARC | 8/10/1966 | M | 9298 | SINT-TRUIDEN | 29m18s |
| 97 | DRIESSENS | EDDY | 8/11/1955 | M | 9021 | HECHTEL-EKSEL | 29m45s |
| 98 | MEULEWAETER | ALAIN | 15/04/1952 | M | 9035 | SINT-TRUIDEN | 29m57s |
| 99 | TAKKEN | JOHAN | 13/05/1949 | M | 9333 | SINT-TRUIDEN | 29m59s |
| 100 | OMBELETS | GERARD | 22/09/1949 | M | 9039 | SINT-TRUIDEN | 30m04s |
| 101 | BECKERS | MARC | 18/09/1968 | M | 9004 | TONGEREN | 30m10s |
| 102 | SCHOENAERS | RONNY | 14/07/1974 | M | 9057 | HEERS | 30m36s |
| 103 | DEFOIN | STEVEN | 27/06/1996 | M | 9401 | SINT-TRUIDEN | 30m44s |
| 104 | VANDEPUT | STEVEN | 15/07/1982 | M | 9070 | LINTER | 31m06s |
| 105 | BAMPS | DIEDRIK | 1/01/1970 | M | 9326 | SINT-TRUIDEN | 31m38s |
| 106 | BAMPS | YVES | 30/07/1968 | M | 9325 | SINT-TRUIDEN | 31m39s |
| 107 | DE GRAEF | STEFAAN | 18/09/1970 | M | 9293 | SINT-TRUIDEN | 31m54s |
| 108 | CONARD | NICK | 29/03/1999 | M | 9017 | LANDEN | 31m57s |
| 109 | CONARD | DANNY | 2/09/1964 | M | 9016 | LANDEN | 31m58s |

| Plaats Naam | Voornaam | Geb | Geslacht | Borstnr. | Woonplaats | Tijd |
|--------------------|-----------------|------------|-----------------|-----------------|-------------------|-------------|
| 110 HANCE | LEON | 14/09/1946 | M | 9026 | ZONHOVEN | 32m12s |
| 111 LAMBRECHTS | BART | 7/04/1968 | M | 9357 | SINT-TRUIDEN | 32m36s |
| 112 DUJARDIN | STEVE | 25/09/1995 | M | 9022 | SINT-TRUIDEN | 32m49s |
| 113 LIEFSOEWS | URBAIN | 5/01/1948 | M | 9377 | | 33m59s |
| 114 PAUWELS | ROEL | 6/05/1980 | M | 9043 | HEERS | 34m27s |
| 115 PAUYELS | MICHEL | 6/09/1957 | M | 9331 | HEERS | 34m28s |
| 116 VANHULLE | STEPHEN | 16/02/1967 | M | 9076 | SINT-TRUIDEN | 34m42s |
| 117 JUNGBLUTH | ERIC | 11/11/1961 | M | 9085 | | 34m57s |
| 118 SCHEVENELS | ROEL | 19/10/1993 | M | 9054 | | 35m03s |
| 119 ROMBAUT | LIAM | 30/06/1999 | M | 9302 | LANDEN | 36m37s |